



**FEBRUARY 26, 2024**

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### **EMPLOYMENT CHAT SESSIONS & WORKSHOPS FOR INTERNATIONAL STUDENTS**

Do you have questions about off-campus work authorization under CPT or OPT? Are you aware that you can ask ISSS advisers your questions during our virtual off-campus employment [Chat sessions](#)? Are you aware that you can access our online workshops through your [RGlobal portal](#)?

As F-1/J-1 students, it is your responsibility to know the rules and laws governing your legal status, including the regulations regarding off-campus internships or any off-campus employment. You do not need to wait until you have a job interview to find out what those rules are.

Review the [CPT](#) and [OPT](#) webpages for important information about how to complete the online workshops and consider joining an upcoming Off-Campus Employment Chat session (dates and times posted on the [Advising Services webpage](#)) or attend an upcoming in-person workshop:

[CPT/OPT 101 – March 28, 2024](#)

[Drop-In OPT Q&A – April 11, 2024](#)

For information about procedures for reporting on-campus jobs, please refer to our [On-Campus Employment](#) webpage. The [On-Campus Employment workshop](#) may also be accessed through the [RGlobal portal](#).

## LEADERSHIP OPPORTUNITIES

### RU-FIT PEER LEADER POSITIONS

RU-FIT peer leaders are rising juniors and seniors with campus resource expertise and the desire to help international students in their transition to university. The position offers a \$1,500 stipend. Applications are due by February 26. For more information or to request an application email [ias-global@global.rutgers.edu](mailto:ias-global@global.rutgers.edu).

### ORIENTATION LEADER POSITIONS

Orientation Leaders (OLs) are role models as well as sources of support and information for new international students. They play a major role in facilitating the adjustment of new students and their families to the Rutgers campus and community. They share accurate information about academic, personal, and social resources while working collaboratively with faculty, professional staff, and student staff from other areas on campus. The position offers a \$500 stipend, as well as training on leadership skills, public speaking experience, a chance to work with Rutgers Global staff, and much more.

**Application is now open until March 1 at 11:59pm- [Apply HERE](#)**

**In-Person Interviews:** Monday, March 18, 2024 – Friday, March 22, 2024

**First Meeting:** mid-April (date and details TBD)

If you want to learn more about the selection process before submitting the International Student Orientation Leader Application, feel free to email Audrey Nguyen ([aanguyen@global.rutgers.edu](mailto:aanguyen@global.rutgers.edu)).

## UPCOMING WELLNESS WORKSHOPS FOR INTERNATIONAL STUDENTS

ISSS and CAPS will host two more in-person, interactive [Wellness Workshops](#) this spring that will support students by providing a safe space to discuss various concerns and to help you connect with each other. All events are free and open to all international students. Seats are limited, so register today at [go.rutgers.edu/wellness2024](http://go.rutgers.edu/wellness2024).

**Thursday, March 21**

**5:00pm-6:30pm**

**Finding it hard to adapt? We are here to help!**

Location: Rutgers Global – ISSS, 180 College Ave, New Brunswick NJ

**Friday, April 26**

**1:00pm-3:00pm**

**Cultural Fusion, Wellness, Snack & FUN**

Location: Buccleuch Park, more details to follow

## INTERNATIONAL STUDENT-CENTRED COURSES

## **CAREER EXPLORATION IN ARTS AND SCIENCES MINI-COURSE**

Career Exploration in Arts & Sciences Mini- Course is 7 weeks long and starts March 5. The course is open to students of any school of enrollment and all class years except first-years.

To request an SPN to register contact: [ias-global@global.rutgers.edu](mailto:ias-global@global.rutgers.edu)

This 1.5 credit graded mini course will help you develop the knowledge and competencies to create a purpose-filled life and career. The international student section of Career Explorations (01:090:210:MM) offers focused support for the unique career needs and challenges international students face as you plan and pursue your professional futures.

In this course, you will refine your tools and strategies to navigate globally focused career paths and opportunities including:

- Taking a personalized inventory of your skills and strengths
- Developing your professional networks
- Writing/revising your resume, composing customizable cover letters and constructing a LinkedIn profile you can use to find internships and jobs

To learn more about this course visit: <http://go.rutgers.edu/4epaoe7u>

## **ACADEMIC COACHING FOR INTERNATIONAL STUDENTS – LEARN FROM PEERS MINI-COURSE**

If you are looking to get individualized support to manage your time and improve your performance in your courses this Spring plus earn 1-credit that counts towards graduation there's still a few spots available to register for Academic Coaching for International Students - Learn from Peers Mini-Course 01:090:227!

It's a valuable 1-credit (pass/no credit) mini course that's low stress, peer led and in a small group study setting.

**The Academic Coaching Mini-Course is 7 weeks long and starts March 5 or 7 (depending on your section).** To find this course in the **University Schedule of Classes** visit here: [Academic Coaching for International Students 01:090:227](#)

Or search for it in the [University Schedule of Classes by clicking KEYWORD and entering "01:090:227"](#)

For more information or with questions on how to register reach out via email:

[fmcvay@global.rutgers.edu](mailto:fmcvay@global.rutgers.edu)

Best wishes,  
Rutgers Global – ISSS

This periodic update from the Rutgers Global – International Student and Scholar Services (ISSS) office provides you with important information regarding your legal status, upcoming programs, and useful resources. Previous updates can be found on our [Email Notices page](#).

These notices are automatically sent to all nonimmigrant students enrolled at Rutgers–New Brunswick and Rutgers–Biomedical and Health Sciences. Most messages, however, apply only to F-1 and J-1 students. We label most messages to facilitate your identification of which messages may apply to you personally. All F-1 and J-1 students on Rutgers' visa sponsorships must know the information provided in these notices and follow reminders and instructions that apply to their own situations.

This is NOT a subscription email list. These notices are sent periodically to an automatically generated list. If you are a permanent resident or citizen of the U.S and should not be receiving these notices, please contact ISSS:

**New Brunswick**

848-932-7015

[iss-students@global.rutgers.edu](mailto:iss-students@global.rutgers.edu)

**RBHS**

973-972-6138

[iss-rbhs@global.rutgers.edu](mailto:iss-rbhs@global.rutgers.edu)